

February 4, 2010

Dear Colleague:

Please forward this email to faculty, residents, and graduate students to let them know about a special competition for scholarships in Cognitive Behavior Therapy training at the Beck Institute for Cognitive Therapy and Research in Philadelphia. Our non-profit organization is dedicated to the broad dissemination of CBT to professionals.

We will be awarding full tuition scholarships to our 3-Day Workshop, which runs periodically throughout the year. Graduate students or faculty, of any mental health discipline, should email the following to [education@beckinstitute.org](mailto:education@beckinstitute.org):

1. a letter (no longer than one page) describing their exposure to and experience in CBT and their involvement (if any) in CBT research. They should also describe how they intend to use CBT in the future. The letter should contain their name and email address.
2. their CV/resume

The deadline is March 1, 2010. Winners will be notified within three weeks of that date.

Trainees in this program come from around the U.S. and abroad. They range from graduate students and faculty to mental health and health professionals who work in a wide variety of outpatient, inpatient, medical, and academic settings. Trainees' prior experience and expertise in CBT range from basic to advanced.

Training is interactive and is conducted by Aaron T. Beck, M.D., Judith S. Beck, Ph.D., and other senior faculty. Trainees typically spend their time attending training sessions, viewing DVDs of patient sessions, participating in case discussions, roleplaying, and watching, and then discussing, a live patient session with Dr. Aaron Beck. Click here for complete details and dates, or visit [www.beckinstitute.org](http://www.beckinstitute.org).

Sincerely,

Aaron Beck, M.D., President, Beck Institute  
University Professor Emeritus of Psychiatry  
University of Pennsylvania

Judith S. Beck Ph.D., Director, Beck Institute  
Clinical Associate Professor of Psychiatry  
University of Pennsylvania

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Judith S. Beck, Ph.D.  
Director, Beck Institute for Cognitive Therapy and Research  
Clinical Associate Professor of Psychology in Psychiatry, University of Pennsylvania  
Past President, Academy of Cognitive Therapy

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