

Dear Friends and Colleagues,

We are excited to let you know about new membership levels in the Academy of Cognitive Therapy. As you may know, we helped start ACT, a non-profit organization, over ten years ago, as a "home" for cognitive behavior therapists, with a vibrant and active listserv, annual meeting, newsletter, website, and referral list of certified members (soon to be called "Diplomates"), who demonstrate proficiency in conducting cognitive therapy.

But now, mental health and health professionals and students are invited to join ACT without having to submit credentials, prior experience and training in CT, or work samples (with a therapy tape and case write-up).

Click here for a flyer describing the three new categories of membership, which only require the completion of a simple application:

- Professional Colleagues
- Researchers
- Student Affiliates

Professionals who are ready to become certified in Cognitive Therapy can still do so, if they wish. Visit www.academyofct.org.

Please help us spread the word to anyone you know who is interested in Cognitive Behavior Therapy, no matter what their current orientation and other interests.

Thank-you.

Aaron Beck, M.D., President, Beck Institute
University Professor Emeritus of Psychiatry, University of Pennsylvania
Honorary President, Academy of Cognitive Therapy

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